



SportsMed

Memberships

SportsMed Subiaco offers a variety of membership options for patrons of the gym, pool and/or pilates studio who wish to continue using these facilities independently.

Our vision at Sportsmed Subiaco is to empower our patients with the knowledge, tools and strategies to successfully self manage their injuries where possible.

Injury rehabilitation and exercise therapy form a large part of the recovery process and in many cases, becomes the leading preventative measure.

At SportsMed Subiaco we develop injury rehabilitation programs with independence in mind, and advocate unsupervised use of our facilities (eg. rehab gym, pilates studio and hydrotherapy pool) wherever possible.

If you are not receiving physiotherapy from one of our therapists, the independent use of the Gym, Pilates Studio and Pool requires an assessment and development of an appropriate exercise program.

Ask at reception or call today on **08 9382 9600**

Important Information

Rehab Gym Hours*

Monday to Friday	7am-9pm*
Saturday & Sunday	9am-5pm*

Hydrotherapy Hours

Monday to Friday	6.45am-7.30am 7.30am-8.15am 5pm-6pm
Monday	12.05pm-1pm
Tuesday	12.05pm-1pm
Wednesday	12.05pm-1pm
Friday	12.05pm-1pm

Pilates Studio Hours**

Monday to Friday	7am-9pm
Saturday & Sunday	9am-5pm

Individual Memberships

Gym/Hydro/Pilates	1mth	\$65
	3mth	\$170
	6mth	\$320
	12mth	\$480
Casual Fee	Session	\$15

All-In-One Memberships

Gym/Hydro/Pilates	1mth	\$80
Combined	3mth	\$220
	6mth	\$400
	12mth	\$600

* Rehab Gym closed Mon 9.30am-3pm, 6-7pm, Tue 1-2pm, Wed 10-11am, Thur 11am-2.30pm, 6-7pm & Fri 9.30am-12noon due to classes.

** Pilates / Gym / Pool Memberships require appointment booking.



sportsmedsubiaco.com.au

Membership

Suspension

Important Information

What to do if you need to suspend your membership?

In order to suspend your membership you must complete a membership suspension form and submit it to reception. You will receive an email confirmation of your membership suspension, detailing the date the suspension will commence and the new re-commencement date of your membership.

Membership Suspension Request Form

SURNAME

FIRST NAME

ADDRESS

DOB / /

MOBILE

EMAIL ADDRESS

REASON FOR SUSPENSION

FIRST DATE OF SUSPENSION / /

LAST DATE OF SUSPENSION / /

SIGN NAME

CONSENT **By ticking, you confirm the above information is correct**

DATE / /

Memberships may be suspended for the following reasons:

- Injury/Illness – must provide a medical certificate
- Holiday/vacation – SportsMed Subiaco must be notified prior to the period of suspension

Memberships may be suspended for the following periods:

- 3 month membership – 2 weeks maximum
- 6 month membership – 4 weeks maximum
- 12 month membership – 8 weeks maximum

Please note

- If you have any outstanding fees, you cannot suspend your membership
- Refunds are not available for suspensions
- Suspensions will not be back dated
- You are not entitled to use the gym, pool or pilates studio during the suspension period. If this occurs your membership will automatically recommence from the date of use

If you need further assistance with your membership suspension, please email:

office.admin@sportsmedsubiaco.com.au

NOTE: Clicking the submit button below will attached a copy of the completed form to a new email for return sending to our office administration.